

Curriculum Vitae

Name Abdalla Abdelwahid Saeed
Date of Birth 1946
Place of Birth Atbara - Sudan
Nationality Sudanese
Religion Moslem
Marital Status Married + two children
Mother Language Arabic
Other Languages English

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1. ACADEMIC QUALIFICATIONS:

- 1.1. Bachelor of Medicine & Bachelor of Surgery (**M.B.B.S.**) Khartoum, Sudan - 1971.
- 1.2. Master of Community Health - (**M.Comm.H.**) Liverpool - England 1976.
- 1.3. Master of Public Health and Tropical Medicine (**M.P.H. &T.M.**)-Tulane USA.1980.
- 1.4. Certificate of Health Professions Education, (**CHPE**) Center for Educational Development University of Illinois at the Medical Center, Chicago, U.S.A. 1982.
- 1.5. Member of Faculty of Public Health (**MFPH**), Royal Colleges of Physicians, UK, 2001.

2. MEMBERSHIP OF PROFESSIONAL ORGANIZATIONS

- 2.1. Fellow of the Royal Society of Health (U.K.)
- 2.2. Member of the Society of Public Health (U.K.)
- 2.3. Member of the American Public Health Association.
- 2.4. Member of the Sudanese Society of Social and Preventive Medicine.
- 2.5. Member and Northern Sub-region Coordinator of Social Science and Medicine Africa Network (SOMA - Net), Nairobi, Kenya.

3. POSTS / POSITIONS:

- 3.1. Joined the service of the Ministry of Health Khartoum - Sudan in September 1971.
- 3.2. **Completed successfully the one year Internship:**
 - 3.2.1. September 1971 -December 1971 -Surgery in El Fashir Civil Hospital, Sudan.
 - 3.2.2. December 1971 - March 1972 - Medicine in El Fashir Civil Hospital.
 - 3.2.3. March 1972 - June 1972 - Obstetrics. & Gynecology in Nyala Civil Hospital.
 - 3.2.4. June 1972 - Sept. 1972 - Surgery in Khartoum Teaching Hospital Sudan.
- 3.3. **Worked as general duty doctor in the following posts:**
 - 3.3.1. September 1972 - Jan. 1973 in Port Sudan Civil Hospital - Sudan in the Department of Pediatrics.
 - 3.3.2. January 1973 - September 1973 - Tokar Hospital - Sudan as the only doctor in charge of this general hospital (100 beds).
 - 3.3.3. September 1973 - April 1974 - in Juba Regional Hospital - Sudan in the Department of Medicine.
- 3.4. **April 1974 - to September 1974 worked as the Senior Medical Officer in charge of Tigani El Mahi Psychiatric Hospital - Omdurman - Sudan.**

3.5. Public Health Duties.

- 3.5.1. September 1974 - November 1975 - Registrar in Public Health in Kordofan Province - Sudan .Duties included medical / health administration, control of disease, training of health auxiliaries, rural health.
- 3.5.2. Dean, Medical Assistants School, Kordofan Sudan ,November 1974 to November 1975.
- 3.5.3. Jan. 1977 - Dec. 1980 - Deputy Director of Health Service - Red Sea Province – Sudan .Duties were: planning, implementation, supervision and evaluation of all health services in province (promotive, preventive, curative and training). My particular areas of interest were primary health care, rural health, statistics and epidemiology, M .C.H.) and training of health auxiliaries.
- 3.5.4. July.1980: Appointed Regional Director, New National Programme of M.C.H. / Family Planning in the Red Sea Province.

3.6. FULL TIME ACADEMIC POSTS:

- 3.6.1. January 1981 -Joined the Faculty of Medicine, University of Gezira, Wad Medani, Sudan as (Lecturer) Assistant Professor in Community Medicine.
- 3.6.2. August 1982 - to June 2008: Assistant Professor Dept. of community Health Sciences, College of Applied Medical Sciences, King Saud University.
- 3.6.3. October 2008 to date Consultant , Faculty Member in Department of Community Medicine, Faculty of Medicine, King Fahad Medical City, Ministry of Health

3.7. PART TIME CLINICAL POST:

Primary Care Physician, Community and Family Medicine Clinic, King Saud University Riyadh. November 1982 to November 1986.

4. SCIENTIFIC WORK:

4.1. Published papers.

- 4.1.1. **Saeed A.** Burkitt's Lymphoma. Al Hakeem 1971(8):1-4
- 4.1.2. **Saeed A.** Rural Residency course in Faculty of Medicine, University of Gezira, Sudan M.J. 1984, 20:36-52.
- 4.1.3. **Saeed A.** Utilization of Primary Health Services in Port Sudan, Sudan. Trop Geogr Med., 1984, 36:276-272.
- 4.1.4. **Saeed A.** Effect of distance on the utilization of Health Services, CAMS Centre for Research and Development News letter 1985, 1(2):7-9.
- 4.1.5. **Saeed A.** Epidemiological profile and Attitudes of Primary Care Patients attending Farazadak Clinic in Riyadh. Saudi M.J. 1987, 8(1):21-26.
- 4.1.6. **Saeed A.** Smoking Habits of students in College of Allied Medical Sciences, Riyadh. JRSJ 1987, 107(5): 187-188.
- 4.1.7. **Saeed A.** Self-medication among Primary Care patients in Farazadak Clinic in Riyadh. Soc. Sci and Med 1988, 27(3):287-289.
- 4.1.8. **Saeed A,** Taha A, Al Shihary A. Smoking Habits of physicians in Riyadh. Saudi M.J.1989: 10(6):508-511.
- 4.1.9. Taha A, Benner A, Noah M, **Saeed A.** , Al Harthy S. Smoking habits of King Saud University Students in Riyadh. Ann Saudi Med .1991; 11 (2): 141-143.
- 4.1.10. **Saeed A.** Attitudes and Behavior of Physicians towards Smoking in Riyadh.1991; Trop Geogr M.43 (1): 76 – 79
- 4.1.11. **Saeed A,** AL Swailem A, Anokute C, Whaley R. Users' Characteristics and Satisfaction in the Utilization of Olaisha Primary Health Care Centre in Riyadh. Saudi M J . 1992; 13 (1): 14 - 17.
- 4.1.12. Magzoub M, Magzoub M, **Saeed A .** The Rural Residency Course. Annals of Community-Oriented Education.1992; 5: 105 - 109.

- 4.1.13. **Saeed A**, Al Johali E, Al Shahri A. Smoking habits of students in Secondary Health Institutes in Riyadh City. *Journal of the Royal Society of Health*. 1993; 113 (3): 132 - 135.
- 4.1.14. Al Faris E, Khoja T, Falouda M, **Saeed A**. Patients' Satisfaction with Accessibility and Services offered in Riyadh Health Centers. *Saudi M J* 1996 17 (1): 11 - 17.
- 4.1.15. Nofal F, **Saeed A**, Anokute C. Etiological factors contributing to Road Traffic Accidents in Riyadh City, Saudi Arabia. *J Roy Soc Health* 1996; 116(5): 304 - 309.
- 4.1.16. **Saeed A**, Shammery F, Khoja T, Hashim T, Anokute C, Khan S. Prevalence of Hypertension and sociodemographic characteristics of Adult hypertensives in Riyadh City, Saudi Arabia *J Hum Hypertension* 1996;10:583-587
- 4.1.17. **Saeed A**, Khoja T, Khan S. Smoking behaviour and attitudes among adult Saudi nationals in Riyadh City, Saudi Arabia. *Tobacco Control* 1996; 5: 215 - 219.
- 4.1.18. Nofal F, **Saeed A**. Seasonal variation and weather effects on road traffic accidents in Riyadh City. *Public Health* 1997; 111(1): 51 - 55
- 4.1.19. **Saeed A**, Khoja T, Khan S. Self reported smoking quitting attempts and their outcomes in smoking adults in Riyadh City, Saudi Arabia. *Saudi M J* 1997; 18 (2): 169 - 174.
- 4.1.20. Hashim T, Anokute C, Shammery F, Khoja T, **Saeed A**, Khan S. Hypertension Awareness , Treatment and control Among Adult Hypertensives in Riyadh City, Saudi Arabia. *Saudi M J* 1998;19 (6):707 - 712.
- 4.1.21. Al Doghaither A, **Saeed A**. Consumers' satisfaction with primary health care centers services in the city of Jeddah Saudi Arabia. *Saudi M J* 2000, 21(5): 447- 454.
- 4.1.22. Moawed S., **Saeed A**. knowledge and practices of Saudi mothers about infants' diarrheal episodes presenting to two paediatric hospitals in Riyadh City. *Saudi MJ* 2000; 12: 1147 - 1151
- 4.1.23. **Saeed A**., Bani I. Prevalence and correlates of Acute Respiratory Infections in children less than two years of age in Riyadh City.. *Saudi M J* 2000; 12: 1152 - 1156.
- 4.1.24. **Saeed A**, Abdelrhman B, Magzoub M. Al-Doghaither A, Satisfaction and Correlates of Patients' satisfaction with physicians' services in primary health Centres in Riyadh City, Saudi Arabia. *Saudi M J* 2001; 22(3): 262 - 267
- 4.1.25. Al Doghaither A, **Saeed A**, Badreldin A. Patients' satisfaction and Correlates of satisfaction with primary health care centers services in Riyadh City, Saudi Arabia. *Qatar MJ* 2001; 10(1):40 – 44.
- 4.1.26. Al Doghaither A, Abdelrhman B, **Saeed A**., Al Kamil A, Magzoub M. Patients' satisfaction with primary health care centers services in Kuwait City, Kuwait. *JFCM* 2001; 8(3): 59 - 65. *JFCM*
- 4.1.27. Al-Othman A, **Saeed A**, Bani A, Almurshed K. Mothers' practices during Pregnancy, lactation, and care of their children less than two years of age in Riyadh City, Saudi Arabia. *Saudi Medical Journal* 2002; 23(8): 909 - 914
- 4.1.28. Bani I, **Saeed A**, Al-Othman A. Diarrhea and child feeding practices in Saudi Arabia. *Public Health Nutrition* 2002 ;(6): 727 -731.
- 4.1.29. **Saeed A**, Mohamed B. Patients' perspective on factors affecting utilization of primary health care centers in Riyadh, Saudi Arabia. *Saudi M J*.2002, 23(10): 237- 42

- 4.1.30. Al Doghaither A, Abdelrhman B, **Saeed A.**, Magzoub M. Factors influencing patient choice of Hospitals in Riyadh, Saudi Arabia. *JRSH* 2003; 123(2): 105- 109
- 4.1.31. Abdalla, **Saeed A**, Magzoub M, Reerink E. Consumer satisfaction with primary health care survives in Hail City, Saudi Arabia. *Saudi M J*, 2005; 26(6):1030-1032.
- 4.1.32. Abdalla A, Al-Kabba A, **Saeed A**, Abdulrahman B, , Hein Raat Gender Differences in Smoking Behavior Among Adolescents in Saudi Arabia. *Saudi M J*, 2007: 2007; 28(7):1102 -1108.
- 4.1.33. Abdulrahman B, **Saeed A**, Abdalla A.Smoking cessation attempts and their outcomes among adolescents who ever smoked in Tabuk Area, Saudi Arabia? *MEJFM* 2007; 6 (1):26 -30
- 4.1.34. Abdelrhman B, **Saeed A**, Alhamdan A, Al-Othman A, Bani I . Sociodemographic and feeding practices risk factors for diarrhea in children under five years in Riyadh city, Saudi Arabia. *Alex J Paediatr*, 2008; 22(1): 3-35.
- 4.1.35. Abdalla A, **Saeed A**, Abdulrahman B, Al-Kabba A, Hein Raat Correlates of ever smoking habit Among Adolescents in Saudi Arabia. *Eastern Mediterranean Health Journal*, 2009; 15(4): 983 -990
- 4.1.36. Al-Hamdan A, Al-Huthail R, Alsaif M, Al-Othman A, Al-Muammer M ,Al-Orf S, **Saeed A** , Mohamed B.. The effect of weight reduction diet on C-reactive protein level in obese-adult subjects. *J. Med. Sci.*2009, 9: 17-23.
- 4.1.37. Al-Hail I, Abdalla A, Saeed A, **AlHamdan N**, Bahnassy A. Pilgrims Satisfaction with Ambulatory Health Services in Makkah, 2008 *JFCM* 2010; 17(3): 135 -140
- 4.1.38. Alkaabba A, Abdalla A, **Saeed A**.Alzalabani A, Ahmed H. Referral patterns from military family medicine clinics in Tabuk, Saudi Arabia. *South Asia Journal of Family Medicine* November/December 2010 - Volume1, Issue 7 ISSN 1448-4196
- 4.1.39. Al-Hamdan N., **Saeed A**, Kutbi A , Choudry A ` Noah R ` Characteristics, Risk factors and Treatment Practices of known adult hypertensive patients in Saudi Arabia. *Int J H* 2010; (7 PAGES)
- 4.1.40. Al-hamdan N, Bahnassy A, **Saeed A**, Abbas M, AbuZaid L, Abdalla A. Comparison of physical activity among diabetics and non diabetic adults in Saudi Arabia. *Bull High Inst of Public Health* 2010; 40(30): 424-435
- 4.1.41. Al-Kabba , **Saeed A**, Abdalla A, Ahmed H, Mustafa A Prevalence and associated factors of cigarette smoking among medical students at King Fahad Medical City in Riyadh of Saudi Arabia *JFCM* 2011;18(1):8 -12
- 4.1.42. **Saeed A**, Al-Hamdan N, Bahnassy A, Abdalla A, KAbbas M, AbuZaid L. Prevalence, awareness, treatment and control of hypertension among Saudi Adult Population – A National Survey. *Int J Hypertens*. 2011, Article ID 174135, 8 pages, 2011. doi:10.4061/2011/174135.
- 4.1.43. Al-Hamdan N, Kofi M, AbuZaid L, **Saeed A**, Bahnassy A, Abdalla A. Distribution of Diabetes Mellitus among Saudi Adult Population – A National Survey. *Middle East Journal of Family Medicine* 2012; 10:
- 4.1.44. Mohammed B, Alnaif M, AlHamdan A, **Saeed A**. Ranya A. , Orsud M.. Physician as a manager: Personal and Managerial Characteristics .*Gezira Journal of Health Sciences* December 2010: 24 -38.
- 4.1.45. **Saeed A**, Al-Kabba , Abdalla A, Ahmed H, Mustafa A Prevalence of smoking among medical students and their perception of the risk of passive smoking and the antismoking role of health professionals *MEJFM* 2012;10(7): 4 -11

- 4.1.46. Al-Kaabba A, Al-Hamdan N, El Tahir A, Abdalla A, Hussein G, **Saeed A**, Hamza M. Prevalence and Correlates of Dyslipidemia among Adults in Saudi Arabia: Results from a National Survey .OJEMD 2012; 2:89-97
- 4.1.47. Al-Hamdan N, Alzalabani A, **Saeed A**. Comparative study of Physical activity of hypertensives and normotensives A cross-section study among adults in Saudi Arabia Journal of Family and Community Medicine | December 2012 | Vol 19 | Issue 3 | 162- 166
- 4.1.48. **Saeed A**. Association of tobacco products use and Diabetes Mellitus -Results of a National Survey among Adults in Saudi Arabia. Balkan Med J.2012; 29(3): 247 -251
- 4.1.49. Al-Kabbaa A., Ahmed H, **Saeed A**, Abdalla A, Mustafa A. Perception of the learning environment by students in a new medical school in Saudi Arabia: Areas of concern.J Taib University Medical Sciences (2012);7(2):69 - 75 <http://dx.doi.org/10.1016/j.jtumed.2012.11>.
- 4.1.50 Abdalla A, **Saeed A**, Abdulrahman B, Al-Kaabba A, Al-Hamdan N, AlZalabani A, Raat. Effect of tobacco advertisements on smoking habits among adolescents in Saudi Arabia. Med. J. Cairo Univ. 2012; 80(2): 111- 119
- 4.1.51. Hamza M, Idris A, Almohanna A, Alkabaa A, AlHamdan N, **Saeed A**, Satti G. Recall Knowledge of Biochemistry for Interns after Graduation from Medical Schools. International Journal of Bioscience, Biochemistry and Bioinformatics.2013; 3(1): 16-19
- 4.1.52. **Saeed A**. Anthropometric predictors of Dyslipidemia among adults in Saudi Arabia. Italian J EBPH 2013(1): Epidemiology Biostatistics and Public Health - 2013, Volume 10, Number 1
- 4.1.53 Mohammed B, Al-Mejwal A, Alsaif M, AlHamdan A, **Saeed A**. Bani I. Dietary practices among patients with type 2 diabetes in Riyadh, Saudi Arabia JFAE 2013; 11(2): 110- 114
- 4.1.54 **Saeed A**, Al-Hamdan N. Anthropometric predictors and risk factors of hypertension among Saudi Adult Population - A National Survey. Journal of Epidemiology and Global Health 2013; 3: 197 -204.
- 4.1.55 Bahnassy A, Alkaabba A, **Saeed A**, Al Ohaidib T. Job Satisfaction of nurses in a Tertiary Medical Center: A Cross Sectional Study, Riyadh, Saudi Arabia. Life Sci J 2014; 11(1): 127 – 132
- 4.1.56. Abdelshakour M., A., **Abdalla A.S.**, Al-Hamdan, A., N., Al-Kaabba,F., A. AlZalabani, H., A. Exposure of adolescents to environmental tobacco smoke in Tabuk, Saudi Arabia. AWERProcedia Advances in Applied Sciences. [Online]. 2013, 1, pp 765-774. Available from: <http://www.world-education-center.org/index.php/paas>. Proceedings of Gobal Conference on Environmental Studies (CENVISU-2013), 24-27 April 2013, Zeynep Sentito Hotel, Belek – Antalya, Turkey.
- 4.1.57. AbouZaid L, Nabil N, Al-Fadil S, Alatmi A, **Saeed A**. Career choice and its influencing factors: Perception of senior medical students . Journal of Contemporary Medical Education **J Contemp Med Edu.2014;2(3):168-173.**
- 4.1.58. Ahmed EL Tahir, Abdulaziz F. AL – Kaabba, Muaawia Ahmed Hamza, Gwiria M. H. Satti, Abdulshakur Abdalla, **Abdullah A. Saeed**, Muhannad N. Al-Gadeeb, Gehad AL Gazali: Serum resistin level in diabetes mellitus and at high risk of developing coronary heart diseases in Saudi patients. International Scientific Journal, Journal of Medical and Biological Sciences. 2014;(1) : 7-13.

- 4.1.59. Satti G, Alsaaid H, Nabil N, **Saeed A**, Al-Hamdan N, Elbakri N. The Prevalence of Sleep Problems and its Impact on Sleep Quality and Academic Performance. *Merit Research Journal of Education and Review* (ISSN: 2350-2282) 3(2): 126-131, February, 2015
- 4.1.60. Al-Zalabani AH, Al-Hamdan N, **Saeed A**. The prevalence of physical activity and its socioeconomic correlates in Kingdom of Saudi Arabia: A cross-sectional population-based national survey, *Journal of Taibah University Medical Sciences* (2015), <http://dx.doi.org/10.1016/j.jtumed.2014.11.001>
- 4.1.61. **Saeed A**. Gender differences in satisfaction with Primary Health Care Centers in Riyadh City, Kingdom of Saudi Arabia. *GJRA - GLOBAL JOURNAL FOR RESEARCH ANALYSIS* 2015, Feb Vol 4(2) :100-102.
- 4.1.62 **Saeed A**, Al-Hamdan N. Isolated Diastolic Hypertension among adults in Saudi Arabia: Prevalence, Risk Factors, Predictors and Treatment. Results of a National Survey . *Balkan Med J* 2016;33:52-7
- 4.1.63 El-Tahir, A., AL-Kaabbab, A.F., Hamza, M.A., **Saeed, A.A.**, Abdalla, A., AlMohareb, M.F., Alfaleh, H.S and Satti, G.M.H. (2016) The Relationship between Serum 25-Hydroxyvitamin D and Resistin Levels in Saudi Diabetic Patients. *Open Journal of Endocrine and Metabolic Diseases*, **6**, 102-108. <http://dx.doi.org/10.4236/ojemd.2016.62014>
- 4.1.64 **Saeed A**, Alsuwayh W, Alomri A. Students perceptions and attitudes towards OSCE in the College of Medicine, KSAU-HS, King Fahad Medical City, Riyadh *JMSCR* 2016;4(3): 9741-9747
- 4.1.65 Bahnassy AA, **Saeed AA**, Al Kadhi Y, Al-Harbi J. Physicians' job satisfaction and its correlates in a Tertiary Medical Care Center, Riyadh, Saudi Arabia. *Saudi J Med Med Sci* 2016;4:112-7.4.1
- 4.1.66 Mustafa A , Alassiry H, Al-Turki A, Alamri N, Alhamdan N , **Saeed A**. Recall of Theoretical Pharmacology Knowledge by 6th Year Medical Students and Interns of Three Medical Schools in Riyadh, Saudi Arabia. *Education Research International* Volume 2016, Article ID 5374653, 6 pages <http://dx.doi.org/10.1155/2016/5374653>
- 4.1.67. **Saeed AA**, Bahnassy AA, Al-Hamdan NA, Almudhaibery FS, Alyahya AZ. Perceived stress and associated factors among medical students. *J Fam Community Med* 2016;23:166-71
- 4.1.68. Abdalla A, Abuzaid L, Al-Hussain W, **Saeed A**, Bahnassy A. Pattern of current tobacco use among the Saudi adult population: results of the national Survey of Risk Factors of Non-Communicable Diseases. *MEJFM*; 2017.:15(2):
- 4.1.69. **Saeed A** . Combined Systolic Diastolic Hypertension among Adults in Saudi Arabia: Prevalence, Risk Factors and Predictors: Results of a National Survey. *International Journal of Medical Research & Health Sciences*, 2017, 6(6): 171-176
- 4.1.70. AlMohanna A, Suliman M, AlEssa N, Khatib S , **Saeed A** and Muaawia Hamza, Recall of Physiology Knowledge Among Medical Interns: An Exploratory study in Riyadh, Saudi Arabia . *Adv Physiol Educ* 42: 541–546, 2018; doi:10.1152/advan.00116.2017
- 4.1.71 Bahnassy AA, **Saeed AA**, Almatham KI, Moazen MA, Abdulkarim YAA (2018) Stress among Residents in a Tertiary Care Center, Riyadh, Saudi Arabia: Prevalence and Associated Risk Factors. *Prensa Med Argent* 104:6. doi: [10.41720032-745X.1000317](https://doi.org/10.41720032-745X.1000317)

4.1.72. **Saeed A.** Prevalence of Metabolic Syndrome and its components among Saudi Young Adults 18 – 30 years of age. *Open Journal of Endocrinology and Metabolic Diseases* ,April 2019; 9 : 49-59 <https://doi.org/10.4236/ojemd.2019.94005>

5. Conference/ Workshops/Seminar Papers:

- 5.1. April 1977, utilization of Health Services in Red Sea Province, Sudan Presented in the Tenth Scientific Conference of the Sudanese Society of Social and preventive medicine, Khartoum.
- 5.2. March 1982 Teaching of Medical Statistics in College of Medicine, University of Gezira. Presented in the W.H.O. Workshop on statistics and information systems, Sudan.
- 5.3. August 1982. Health Education in Gezira University - presented in the National Conference on Health Education strategies, Khartoum.
- 5.4. March-April 1992. Smoking Habits of Health Professions in Riyadh- presented in the 8th World Conference on Tobacco Or Health, Buenos Aires, Argentina.
- 5.5. Measures of Central Tendency. Presented in Course on Biostatistics in Medical Research for Health Care Providers Using SPSS, 30 March -01 April 2009, KFMC, Riyadh
- 5.6. December 16, 2009 Epidemiology of Dyslipidemias. Presented in the Occupational Health Workshop, Faculty of Medicine, KFMC, Riyadh, Saudi Arabia
- 5.7. February10, 2010. Epidemiology and Burden of Bronchial asthma. Presented in the Occupational Health Course, Faculty of Medicine, KFMC, Riyadh, Saudi Arabia
- 5.8. Epidemiological Methods. Presented in 4th Annual Research Methodology Course and Workshop, 03-07 April 2010, Riyadh.
- 5.9. Isolated Systolic Hyperextension among adults in KSA. Oral Presentation in the 14th Conference of the Pakistan Hypertension League, January 2011, Karachi, Pakistan.
- 5.10. Students Perception of Learning Environment in a New Medical College. Poster Presentation in the International Medical Education Conference, March 2011, Kuala Lumpur, Malaysia.
- 5.11. Prevalence of smoking among medical students and their perception of the risks of passive smoking and the antismoking role of Health Professionals. Poster presentation in the Second International Public Health Conference, October 2012 Kuala Lumpur, Malaysia
- 5.12. Comparative study of physical activity of hypertensives and normotensives: A cross- sectional study among adults in Saudi Arabia. .Oral presentation in the Second International Public Health Conference, October 2012, Kuala Lumpur, Malaysia
- 5.13. Anthropometric predictors of Dyslipidemia, Hypertension and Diabetes among adults in Saudi Arabia. Oral Presentation in Global Public Health Conference, December 2012 Colombo, Sri Lanka.
- 5.13. Consumers' satisfaction with Primary Health Care Services in Riyadh, Saudi Arabia" .1st Annual International Conference on Health & Medical Sciences. 6 -9 May 2013○ Athens, Greece
- 5.14. Physician attributes boosting satisfaction and encouraging utilization of primary care by patients with chronic diseases. Poster presentation in 3rd International

Public Health conference & 20th National Public Health Colloquium 27- 29 August 2013 Riverside Majestic Hotel, Kuching Sarawak MALAYSIA.

- 5.15. Isolated Diastolic Hypertension: Prevalence, Risk Factors And Treatment Modalities Among Adults In Saudi Arabia. 10th Asian-Pacific Congress of Hypertension. 12 - 15 February 2014. Cebu, Philippines
- 5.16 .OSCE preparation and evaluation. Medical Simulation Technician Course. 4-15 Feb 2014 KFMC Saudi Arabia
- 5.17. Gender Differences in satisfaction with Primary Health Care Services in Riyadh, Saudi Arabia” .3rd Annual International Conference on Health & Medical Sciences.4 -7 May 2015○ Athens, Greece
- 5.18 Combined Systolic Diastolic Hypertension among Adults in Saudi Arabia: Prevalence, Risk Factors and Predictors: Results of a National Survey >ORAL PRESENTATION 7th International Public Health Conference 2018 Putrajaya Marriott Hotel, Putrajaya, Malaysia 28 - 30 August 2018
- 5.19 . Correlates of Pulse Pressure among Normotensive adults in Saudi Arabia: Results of a National Cross-Sectional Survey. Oral Presentation in 2nd Global Public Health Conference 201 “ Enhancing Global Health Development Towards Sustainable Healthy Communities, Colombo, Sri Lanka 15 – 16 February 2019

6. National Research Reports:

- 6.1. Sekait M, **Saeed A**, Ahmed M, Bella M. Evaluation of Professional Effectiveness of Secondary Health Institutes Graduates working in Ministry of Health. 1992; 503 pages. (Funded by the Ministry of Health)
- 6.2. AlBakri A, Nour O, **Saeed A**, Al Bghdadly M, Al Alawi A Health Awareness and behavior of Saudi Women regarding maternal and child health. Ministry of Health, Riyadh 2002, (222 pages) (Funded by the Ministry of Health)

7. Curricula Outlines:

- 7.1. **Saeed A**. Curriculum outlines for Health Inspector in Secondary Health Institutes, M.O.H, Riyadh 1985.
- 7.2. Khoja T, Al- Seghayer S, **Saeed A** , al-Alwai O and Al-Khattib M. Curriculum Guidelines for Public Health Programme, Health Colleges, Ministry Of Health 1993.

8. Textbooks:

8.1. Secondary Health Institutes: Saeed A. International Health and Ports Health.

- 8.1.1. Teacher's Guide 93 pp.
- 8.1.2. Student's Book 115 pp.
- 8.1.3. Student's Practicals Guide 45 pp.
(For Health Inspection students of the Secondary Health institutes - Riyadh 1989.)

8.2. Health colleges:

- 8.2.1. **Saeed A**, Anokute C. Principles of Epidemiology .Text Book for Students in Health Colleges of Ministry of Health, Riyadh. 1993; 206 pages.

9. Conferences Proceedings:

- 9.1. Storms D, El Samani E, **Saeed A**. (Editors). Training of Front-line Health Workers in Africa: Proceedings of a conference sponsored by the Sudanese Society of Social and Preventive Medicine and the American Public Health Association, Khartoum, 1979 APHA, Washington D.C. 1980.

10. Conferences, Seminars, Workshops:

- 10.1 July 1969 -Attended the 4th. International student Conference on Topical Medicine in Beirut - Lebanon.
- 10.2. April 1977 - Attended the 9th. Scientific Meeting of the Sudanese Society of Social and Preventive Medicine -Khartoum - Sudan.
- 10.3. Feb. 1978 - Participated in the Tenth Scientific Conference of the Sudanese Society of Social and Preventive Medicine, Khartoum, Sudan.
- 10.4. April 14 - 1978 - Participated in the African Conference on Training, Utilization, Supervision and Support of Frontline Health Workers - Khartoum -Sudan. Acted as a Rapporteur for the Conference.
- 10.5. July 1980. Co-edited the final document (Proceedings) of the A/M conference.
- 10.6. April 1978. Participated in the Workshop on "The Strategies of Food and Nutrition in the Sudan", Wad Medani -Sudan.
- 10.7. November 1979 - Participated in the Annual Conference of the American Society of Tropical Medicine and Hygiene - Tuscon - Arizona - U.S.A.
- 10.8. May, 18 - 23, 1980. Participated in the center for Disease Control U.S.A. on the workshop "Managing Laboratory and Health Services "Atlanta, Georgia, U.S.A.
- 10.9. June 1980. Participated in the workshop on "Planning, Implementation and Evaluation of Immunization Programmes in Developing Countries" in the Center for Disease Control, Atlanta -U.S.A.
- 10.10. June 8 - June 20, 1980 - participated in the Final Workshop of the Humphrey Programme on "North/ South Dialogue Brandt Commission Report"- in Minneapolis -U.S.A.
- 10.11. Feb. 1982 participated in the workshop "Problem Based Medical Education" - Springfield - Illinois, U.S.A.
- 10.12. March 1982 - Participated in Millers Conference "Educating Tomorrows Health Professionals Chicago, U.S.A.
- 10.13. Sept. 1985 - Participated in the 8th. Saudi Medical Conference - Riyadh – Saudi Arabia.
- 10.14. Sept. 1985 Attended the Brucellosis symposium in Saudi Arabia, Riyadh
- 10.15. Jan. 1986 Attended the Tropical Diseases Symposium in Abha, Saudi Arabia.
- 10.16. April 1987: Participated in the Organization of the Second Manpower Development Conference in Saudi Arabia.
- 10.17. March 1988: Participated in the International Conference on the "Prevention and Treatment of Venereal Diseases" Riyadh, Saudi Arabia.
- 10.18. June 1988: Participated in the International Conference on the "Impact of Viral Diseases on Health and Medical Services, Riyadh, Saudi Arabia
- 10.19. April 1989: Participated in Annual Primary Health Care Symposium, Riyadh , Saudi Arabia.
- 10.20. January 1990: Participated in the international conference on "Immunization and Immunotherapy" Riyadh, Saudi Arabia.
- 10.21. May 1990 Participated in the Symposium "Recent Advances in Infectious Diseases" Riyadh.
- 10.22. November 1990: Participated in the Symposium on the "Development of Hospital Services in Saudi. Arabia" Riyadh.

- 10.23. February 2007. Participated in “Arab Child Health Conference”, Riyadh, Saudi Arabia
- 10.24. Fourth Annual Problem Based Learning Workshop, February 24 – 25 – KFMC, FOM, KSA.
- 10.25. Medication Management: The Role of Clinical Informatics Symposium, March 4, KFMC.
- 10.26. Pediatric Neuro-Oncology Workshop, March 7, KFMC.
- 10.27. Workshop on Biostatistics in Medical Research for Health Care Providers using SPSS, March 30- April 1, KFMC, FOM., KSA
- 10.28. 2009 Annual KFMC Research Conference April 20- 22, 2009, Research & Publication Center KFMC, KSA
- 10.29. Quality Assurance in Medical Education Symposium , May 26 -27, 2009, KFMC, FOM, KSA
- 10.30. Smoking : Improving the Role of Health Care Providers Symposium, June 7, 2009, KFMC, KSA
- 10.31. Medication Safety: A Worldwide Health Priority Symposium , November 1-2 , 2009 , KFMC, Riyadh, KSA
- 10.32. Annual Quality Day, November 8, 2009, Planning & Development Department, KFMC, KSA
- 10.33. MASO 2009 Scientific Conference on Obesity, August 12 – 13, 2009, Kuala Lumpur, Malaysia.
- 10.34. H1N1 pandemic 2009. Facts & Myths 6 December 2009, KFMC, Riyadh, KSA.
- 10.35. Epidemiology of Dyslipidemia. Presented in the Occupational Course for Occupational Health Care Providers , 16/1/2/2009 , FOM, KFMC, KSA
- 10.36. Epidemiology and Burden of Bronchial Asthma. Presented in the Occupational Course for Occupational Health Care Providers , 10/2/2009 , FOM, KFMC, KSA
- 10.37. Third National Conference on Infectious Diseases. 17 -18 April, 2010 AIIMS,
- 10.38. New Delhi, India.
- 10.39. e-Health Conference 2010, 2- 4 May 2010 Riyadh, Saudi Arabia
- 10.40. Second Clinical Teaching Workshop, 4 -5 May, KFMC, Riyadh, Saudi Arabia.
- 10.41. GCP Training Course, 6 May, 2010, KFMC, Saudi Arabia.
- 10.42. Epidemiologic Methods. Presented in the Fourth Annual Research Methodology Workshop , 22- 26 May 2010, KFMC , Saudi Arabia
- 10.43. Second Annual Symposium on Quality Assurance in Medical Education, 30- 31 May 2010, KFMC, Riyadh
- 10.44. Course on Ethical Issues in Research 29 March 2011, Riyadh, KSA.
- 10.45. First Student Research Symposium , KFMC , Riyadh 3 May 2011
- 10.46. Myocardial Protection from bench to clinical applications, Riyadh, KS A 4-5 October
- 10.47. Principles of Students Assessment , KSAUH-HS, Riyadh 22-23, Riyadh , KSA
- 10.48. Principles of Protein Chemistry, Purification and Medical Uses, 10-11 January 2012, Riyadh, KSA
- 10.49. 9th Asia Pacific Medical Education Conference (APMEC) , Singapore, 13-14 January 2012
- 10.50. Isolated Systolic Hypertension in Adults, Saudi Arabia. Presented in the 14th Annual Hypertension Symposium of the Pakistan Hypertension League,

Karachi, Pakistan 14 -16 January 2011

- 10.51 Comparative study of physical activity of hypertensive and Normotensives: A cross-sectional study among adults in Saudi Arabia. . Oral presentation in the Second International Public Health Conference, 3-4 October 2012, Kuala Lumpur, Malaysia
- 10.52 Anthropometric predictors of Dyslipidemia, Hypertension and Diabetes among adults in Saudi Arabia. Oral Presentation in Global Public Health Conference, December 3-4 2012 Colombo, Sri Lanka
- 10.53 “Consumers’ satisfaction with Primary Health Care Services in Riyadh, Saudi Arabia” Oral presentation in the 1st Annual International Conference on Health & Medical Sciences 6-9 May 2013, in Athens, Greece
- 10.54. Physician attributes boosting satisfaction and encouraging utilization of primary care by patients with chronic diseases. Poster presentation in 3rd International Public Health conference & 20th National Public Health Colloquium 27- 29 August 2013 Riverside Majestic Hotel, Kuching Sarawak MALAYSIA.
- 11 Isolated Diastolic Hypertension: Prevalence, Risk Factors And Treatment Modalities Among Adults In Saudi Arabia. Presented at the 10TH Asian-Pacific Congress of Hypertension Cebu, Philippines on 12-15 February 2014

11. Teaching.

11.1. Under-graduate Courses.

- 11.1.1. Community Medicine.
- 11.1.2. Statistics
- 11.1.3. Epidemiology.
- 11.1.4. Primary Health Care.
- 11.1.5. Infectious diseases.
- 11.1.6. Health Service Organization.
- 11.1.7. Health Science Terminology.
- 11.1.8. Rural Residency for medical students.
- 11.1.9. Health Education in Health Services
- 11.1.10. Maternal and Child Health
- 11.1.11. Research Methodology
- 11.1.12. Communication Skills

11.2. Graduate Courses.

- 11.2.1. Infectious disease Epidemiology.
- 11.2.2. Primary Health Care.
- 11.2.3. Health Service Systems and Organization.
- 11.2.4. Epidemiology
- 11.2.5. Disease Surveillance.
- 11.2.6. Public Health.
- 11.2.7. Comparative Health Systems

11.3. Thesis Supervision:

- 11.3.1. Masters students in Field of Primary Health Care And Public Health

12. Consultations:

- 12.1. For the Ministry of Health, Riyadh, Saudi Arabia on "Curriculum design And textbooks review for Community Health Programs of the Secondary Health Institutes and Colleges 1984 - 1992.

13. Administrative activities, Committees and Councils:

13.1. Administrative Assignments:

A. Outside King Saud University:

- 13.1.1 Supervisor, Department of Community Medicine, Faculty of Medicine, University of Gezira, Sudan, August 1981 to August 1982.

B. In King Saud University:

- 13.1.2 Supervisor, Department of Community Health Sciences, College of Applied Medical Sciences 1983-1984.

13.2. Other Activities:

A. Committees:

- 13.2.1. Member of the University Supreme Committee for Academic Advising 1983 to 1986.
- 13.2.2. Member of the College Curriculum Committee 1985-1987 and 1993 - 1995.
- 13.2.3. Member of the Department Curriculum Committee 1983 to Date.
- 13.2.4. Member of the Secondary Health Institutes Curriculum Committee of the Ministry of Health, 1984 to Date.
- 13.2.5. Member of the Steering Committee of the "Field Epidemiology Training Programme "organized jointly by King Saud University and the Ministry of Health, 1988 To 1995.
- 13.2.6. Member of the Health Colleges of the Ministry of health Committee on Public Health 1990-1994.
- 13.2.7. Member of the College Bulletin and Annual Report Committee 1993 - 1995.
- 13.2.8. Member, Examination Committee, Basic Medical Sciences Dept, FOM, KFMC, September 2010 to date

B- Councils:

- 13.2.8. Member of College Council 1984 to 1985.
- 13.2.9. Member of University Community Service Centre and Continuing Education Council 1983 to 1986.
- 13.2.10. Member of the College Centre for Research and Development Council 1989 to 1992.
- 13.2.11. Secretary , Board of Department of Community, Health Sciences, College of Applied Medical Sciences, King Saud University, Riyadh 1996 – 2002.

14. Peer Reviewing:

- 14.1. Peer Reviewer to Manuscripts submitted for consideration for publication in the Saudi Medical Journal in the field of Public Health.
- 14.2. Peer Reviewer to Manuscripts submitted for consideration for publication in Saudi Medical Journal and Annals of Saudi Medicine in the fields of Community Medicine and Primary Care.

15. University Research Proposals Review:

- 15.1. King Saud University, Riyadh, Saudi Arabia
- 15.2. Gazan University, Gazan, Saudi Arabia

16. Scholarship, Awards:

- 16.1. W.H.O. Award for Post Graduate Studies, University of Liverpool 5. December 1975 to 5 December 1976.
- 16.2. Humphrey's Program Award for Post Graduate Studies Tulane, University 1. August 1979 to 30.June 1980.
- 16.3. W.H.O. Award for attending a course on Health Professions Education, University of Chicago, 5.January 1982 to 5. April 1982.